

Did You Know...

ASKING QUESTIONS LEADS TO SAFE WORK!

There are many questions that we need to ask or answer throughout a work day to get a job accomplished. The same can be said for working safely.

Prior to starting our daily work plans, tools such as a Pre-Job Hazard Assessment (PJHA) are utilized to ensure we carry out a task safely. In addition to this assessment we each need to ask ourselves some questions:

- Do I understand the work task?
- Do I understand the hazards associated with the work?
- Do I have the necessary training needed for the task?
- Is all associated paperwork completed?
- Do I have all the tools needed to do the job safely, including PPE?
- Are the right personnel involved in the task?

State of mind is equally critical. It's important to do a self-check to ensure you are able to complete the work to the best of your ability, as well as safely as possible.

- Do I feel stressed?
- Is my focus on the work task or external factors (i.e. family, fear of COVID19)?
- Is fatigue, medication, or illness affecting my work?

Following through on the answers to these questions is critical. If you find your focus is not on the task, ask yourself how you can fix it, or talk to your supervisor or co-worker. Whatever it may be, identify it and take action to correct it. If the task cannot be done safely, stop, assess and determine next steps.

At Black & McDonald, Nobody Gets Hurt, Today or Tomorrow

