

Did You Know...



HEAD PROTECTION SAFETY

A hard hat can protect you from cuts, scrapes, and bruises. It can protect you from falling objects, which can cause severe damage to the head and spine. It can also prevent electric shock and limit your exposure to UV radiation from the sun.

Keep the following points in mind to ensure you're best protection:

- There are 3 main categories for Hard Hats
- Class E (Electrical) – Class G (General) – Class C (Conductive)
- The hard hat must always be labelled with CSA/ANSI Type and Class of protection
- Class E are designed to reduce exposure to high voltage conductors, and offer dielectric protection up to 20,000 volts (phase to ground)
- Type I and Type II hard hats meet the CSA and ANSI standard for impact protection. Type I protects the top of the head, whereas Type II protects both the top and sides of the head
- Type II, Class E is the recommended hard hat for use at Black & McDonald
- Always inspect your hard hat before use – and replace if showing signs of damage!



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