

Did You Know...

COMMUNICATION WHILE WORKING ALONE IS CRUCIAL



Working Alone means that you're the only person on site, or that you're isolated from other workers on a site.

If you become injured, trapped or unconscious when working alone and not able to call for help, it may be some time before anyone finds out you are in trouble or where you are located. This delay in getting help or treatment can cause an injury to become even more serious, even deadly.

When working alone, it is important that you:

- Are aware of the real and potential hazards in the area
- Are trained to recognize and control these hazards
- Are provided with the procedures and equipment to do the job safely
- Have a check-in policy or other communication procedure in place that identifies if you are in trouble, and where you are located.

If working in a remote location, it's a good practice to contact local emergency services to make sure that they would be able to respond in case something happens. Otherwise, other arrangements should be made.

